Hello,

Thank you for booking your appointment with Herbal Health. Below is all the information you will need for your appointment. Please bring this information with you to your appointment.

Instructions:

**-**DO NOT WEAR perfume, essential oils, lotion, etc or anything with a strong scent.   
**-**DO NOT take your supplements 24 hours before your appointment unless they are prescribed by a          
  doctor.                                              
**-**DO NOT drink alcohol or caffeine 12 hours before your appointment.   
**-**Do not put anything in your mouth one hour before your appointment.  Except water  
**-**Bring your supplements with you, and I will test them to see how well they are working for you  
  (up to 10 items per visit).  
**-**Please drink a large glass of water before your appointment. We need to make sure you are hydrated.  
**-**If you have a virus- please change your appointment date because testing will not be effective, unless      
  you just want to work on the virus.   
**-**If you need to change your appointment date or cancel an appointment, please do so 24 hours in   
  advance for repeat appointments, or there will be a missed appointment fee.

If you have any questions call [763-576-6879](tel:763-576-6879).

We do discounts!

Cash – get 5% off your purchase

Check – get 2% off your purchase

Credit card – no % off

Interested in more discounts? Check out our membership program!

**1 year membership   $100.00**

   (Unlimited unless stated otherwise)

* Spot checks
* 2 FREE Soqi bed sessions ($30.00 value)
* 10% off photon packages
* 10% off footbaths
* 10% off Soqi bed 10 packs
* $15.00 off a scan with Tammy
* $15.00 off profusion therapy
* $10.00 off every $100.00 product purchase (can be used 5x, excludes sales)
* $10.00 birthday coupon
* 1 $25.00 food test ($50.00 value)